



MAUKE

COOK ISLANDS



COOK ISLANDS

Love a LITTLE PARADISE

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DISCOVER THE SECRETS OF MAUKE

Mauke, like every island in the Cooks, has its own unique history. From heart wrenching legends, entwined with living custom and culture of matakeinanga (tribes), pure artesian water straight out of the tap (best drinking water in the Cook Islands). Listen for the Mauke kingfisher and look for the Arapepe (Nga-putoru Pandanus) both endemic to Mauke.

According to legend, Mauke was originally named Akatokamanava (meaning ‘the place where my heart rested’) by the Chief Uke after a long voyage from Avaiki. A fittingly romantic name for the beautiful island. Peace reigns supreme on this tiny island, cycling lazily round the coral roads curving gently through coconut palms and hardwood trees; every so often a small sandy beach emerges bordered by coral rocks. It’s the perfect place to de-stress and unwind with fruit and drinking coconuts picked fresh for you, this island’s way of life will leave you feeling replenished and revitalised.

Mauke is only a quick 50-minute flight from Rarotonga with Air Rarotonga. From Rarotonga, there are flights two times per week on Mondays and Fridays.





WHAT IS UNIQUE ABOUT MAUKE?

UNSPOILT AND UNDISCOVERED...

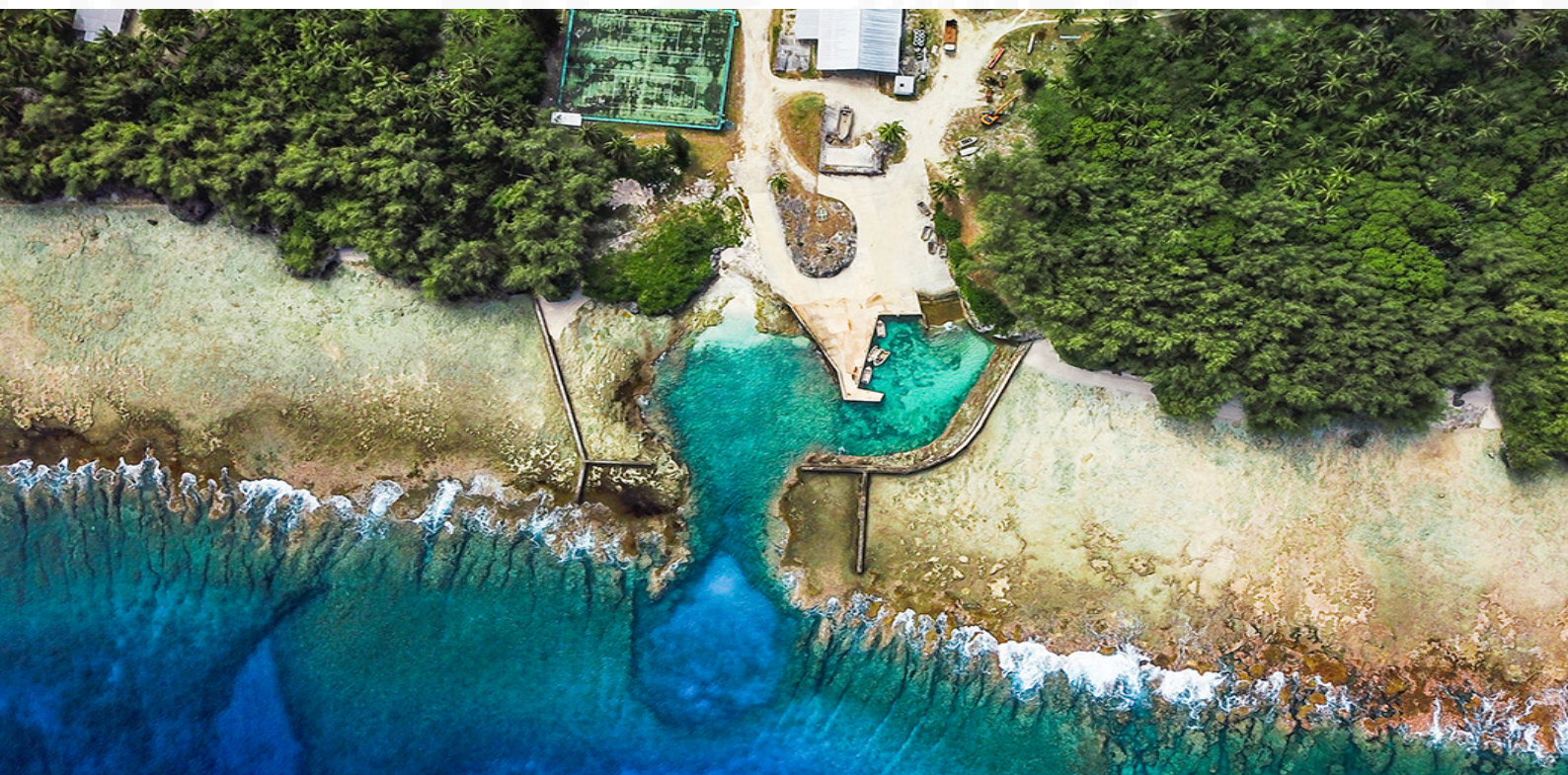
Mauke has been one of the best kept secrets in the Cook Islands until now. You won't find our regular visitors venturing here. Actually, you may even find yourself being the only visitor on the island at any given time of the year. It's hard not to relax when the people and lifestyle are so laid back and beautiful.

THE SPECTACULAR CAVES

Mauke has some of the most beautiful caves in the South Pacific. Explore Vai Tango, Vai Ou, and Vai Tunamea to name a few. Visit Motuanga - which is said to have a hundred separate underground chambers leading to the sea.

THE 'GARDEN ISLAND' AND WORLD FAMOUS MAIRE EI

A brilliant lush, green and fertile land filled with fragrant wildflowers blooming, tropical fruit trees, and magnificent hardwood trees, earns Mauke its name 'The Garden Island'. The maire garlands are traditionally used for chiefly occasions, and today is used to depict status and importance to an event. The difficulty in accessing this plant earns this respect.





WHAT IS UNIQUE ABOUT MAUKE?

MAUKE AKARI PI

Akari Pi is locally made coconut oil used to heal wounds and irritations as well as for traditional massage. The Mauke Akari Pi started with the dream of a young local girl. Locally grown Pi (Talinium Labobo) infused into organic coconut oil is a remedy staple for the people of Mauke.



NO ROOM FOR RESORTS

Mauke offers a small boutique selection of accommodation that matches the island's personality. Your hosts will show you the real Mauke hospitality.



SO MUCH TO DISCOVER

Natural wonders, beautiful structures and many stories to be shared. One of the best things to discover are the people of Mauke. Vibrant, caring and full of stories to share with those who want to listen. The island might take you there but the people are what will continue to bring you back.





TOP 10 THINGS TO DO ON MAUKE

1. RELAX, RECHARGE, AND REVITALISE IN THE PEACE AND CALM

Unwind and relax by exploring the island's beautiful natural sights or resting on your very own secluded beach cove.

2. WALK TO KOPU POOKI (STOMACH ROCK)

Best to visited during low tide make sure you wear reef shoes or sturdy walking shoes as the raised coral (makatea) can be tricky to navigate.

3. TAKE A REFRESHING DIP IN VAI TANGO CAVE

One of Mauke's refreshing and popular freshwater caves, it is easily accessible.

4. VISIT THE LARGEST BANYAN TREE IN THE PACIFIC

Covering more than a quarter of an acre (maybe even more)!

5. VISIT KEA'S GRAVE

History tells us Kea, the wife of Paikea (a renowned fisherman of old who was swept out to sea, never returning home), waited for her husband to return at this lookout, eventually dying there. Her remains still rest at this very spot.





TOP 10 THINGS TO DO ON MAUKE

6. VISIT ZIONA THE ARCHITECTURALLY DIVIDED CHURCH

There is an interesting story behind the church with two entrances for separate villages, it has different designs for their respective halves.

7. HEAD OUT ON A LOCAL FISHING BOAT

Isolated and away from fishing charters and commercial fishermen, there is always a good chance for a strike.

8. TAKE AN ADVENTURE WALKING OR FISHING ON THE REEF

Enjoy a reef filled with sealife.

9. GO SWIMMING AT THE WHARF

Enjoy a refreshing splash with the friendly locals at Taunganui Landing.

10. STRETCH YOUR LEGS ON A WALK AROUND THE ISLAND

It takes approximately 3hrs and is 18km.





FAST FACTS

TRADITIONAL NAME:

Akatokamanava - Land of Uke

WEATHER

The Cook Islands enjoy a pleasant warm and sunny climate all year round. The drier months are from April to November with an average temperature of 26°C. November to March marks the warmer season, with slightly higher humidity and occasional rainfall between December and March when the temperature ranges between 22°C (min) and 30°C (max).

CURRENCY & BANKING

The currency used in Mauke is the New Zealand Dollar (NZD). There is a Bank of the Cook Islands (BCI). It is open Monday to Friday 9:00am to 11:30am. There is also a Bank of the South Pacific (BSP) Agent (Kato's Store) where local cards can be used to withdraw cash. International cards can be used for purchases. It is recommended that you bring cash.

SHOPS

All shops are open daily (except Sunday) with a siesta in the afternoon.





FAST FACTS

ELECTRICITY

Electricity voltage is 240 AC/50 cycle, the same plugs as used in New Zealand and Australia.

DRIVING

If you are wanting to drive on island, you must have a valid license. Licences are NZ \$2.50 which can be obtained from the Mauke Police Station. Driving is on the left hand side of the road.

MEDICAL & DENTAL

The hospital is located along the back road close to the airport. Dental services are only available for emergencies.

TELECOM & WIFI

Local SIM cards and WIFI vouchers are available. Vodafone Services – there are 6 wifi hotspots located at the Airport, Makatea Store, Kato Store, Island Administration, Tiare Cottages and the Vodafone office.

CHURCHES

Sunday is a day of worship and there are various denominations on island.

Saturday: Seventh-day Adventist Church 9.30am.

Sunday: Catholic 9am, Cook Islands Christian Church 10am, Church of Jesus Christ 10am



COOK ISLANDS TOURISM

Head Office:

Main Road, Avarua
(Between the Banana Court & ANZ Bank)
PO Box 14, Rarotonga, Cook Islands

P: (682) 29435 | F: (682) 21435 | E: online@cookislands.gov.ck

Office Hours:


Mon - Fri 8am - 4pm | Sat 10am - 1:00pm





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